

**Lap Swim, Therapy Pool and Open Swim Schedule  
Adventure Island – October 2021**

Lap Swim Schedule w/ Lane Availability							
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00-6:00am	Closed	6-8 Lanes Available for Use					Closed
6:00-7:00am		6-8 Lanes		1-2 Lanes	6-8 Lanes		
7:00-7:30am	6-8 Lanes			1-2 Lanes	6-8 Lanes		
7:30-8:30am	6-8 Lanes Available for Use						
8:30-10:00am	1-2 Lanes	3-4 Lanes	6-8 Lanes	3-4 Lanes	6-8 Lanes	3-4 Lanes	2-3 Lanes
10:00-11:30am	2-3 Lanes	6-8 Lanes Available for Use					2-3 Lanes
11:30am-12:30pm	2-3 Lanes	6-8 Lanes Available for Use					2-3 Lanes
12:30-2:30pm	2-3 Lanes	4-5 Lanes Available for Use					2-3 Lanes
2:30-4:30pm	2-3 Lanes	6-8 Lanes Available for Use					2-3 Lanes
4:30-8:30pm	Closed	1-2 Lanes Available for Use					Closed

Therapy Pool Schedule							
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00-7:00am	Closed	Member Use					Closed
7:00-8:00am	Member Use						
8:00-8:30am	Member Use		Water Aerobics	Member Use	Water Aerobics	Member Use	
8:30-10:00am	Swim Lessons	Member Use	Water Aerobics	Member Use	Water Aerobics	Member Use	Swim Lessons
10:00-11:30am	Swim Lessons	Reserved for Sherman Health					Swim Lessons
11:30am-12:00pm	Member/Drop-In	Reserved for Sherman Health					Member/Drop-In
12:00-1:00pm	HydroTherapy	Reserved for Sherman Health					Member/Drop-In
1:00-2:00pm	Member/Drop-In	Reserved for Sherman Health					Member/Drop-In
2:00-4:30pm	Member/Drop-In						
4:30 - 6:00pm	Member/Drop-In						
6:00-7:30pm	Closed	Swim Lessons		Member/Drop-In			Closed
7:30-8:30pm		Member/Drop-In					

Open Swim Schedule						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12-4:30pm	4-6:00pm	4-6:00pm	4-6:00pm	4-6:00pm	4-8:00pm	12-4:30pm

Lap swimmers may be required to share a lane; please circle swim when necessary.  
 Therapy Pool users may be required to share pool space with swim lessons and/or Sherman Health therapy appointments.  
 Open swim during the week, Monday-Friday, is in our leisure pool only; the lap pool is only available on the weekends.