

**The Edward Schock Centre of Elgin
Reservation Schedule – Starting February 1, 2021**

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Fitness/Track	Closed	5-6:30am	5-6:30am	5-6:30am	5-6:30am	5-6:30am	Closed
Fitness/Track	7-8:30am	7-8:30am	7-8:30am	7-8:30am	7-8:30am	7-8:30am	7-8:30am
Fitness/Track	9-10:30am	9-10:30am	9-10:30am	9-10:30am	9-10:30am	9-10:30am	9-10:30am
Fitness/Track	11-12:30pm	11-12:30pm	11-12:30pm	11-12:30pm	11-12:30pm	11-12:30pm	11-12:30pm
Fitness/Track	1-2:30pm	1-2:30pm	1-2:30pm	1-2:30pm	1-2:30pm	1-2:30pm	1-2:30pm
Fitness/Track	3-4:30pm	3-4:30pm	3-4:30pm	3-4:30pm	3-4:30pm	3-4:30pm	3-4:30pm
Fitness/Track	Closed	5-6:30pm	5-6:30pm	5-6:30pm	5-6:30pm	5-6:30pm	Closed
Fitness/Track		7-8:30pm	7-8:30pm	7-8:30pm	7-8:30pm	7-8:30pm	
Therapy Pool	Closed	5-6:15am	5-6:15am	5-6:15am	5-6:15am	5-6:15am	Closed
Therapy Pool	7-8:15am	7-8:15am	7-8:15am	7-8:15am	7-8:15am	7-8:15am	7-8:15am
Therapy Pool	9-10:15am	9-10:15am	9-10:15am	9-10:15am	9-10:15am	9-10:15am	9-10:15am
Therapy Pool	11-12:15pm	Sherman Health Appointments Only					11-12:15pm
Therapy Pool	1-2:15pm						1-2:15pm
Therapy Pool	3-4:15pm	3-4:15pm	3-4:15pm	3-4:15pm	3-4:15pm	3-4:15pm	3-4:15pm
Therapy Pool	Closed	5-6:15pm	5-6:15pm	5-6:15pm	5-6:15pm	5-6:15pm	Closed
Therapy Pool		7-8:15pm	7-8:15pm	7-8:15pm	7-8:15pm	7-8:15pm	

Lap Swim																
	Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday			
Lanes 1-5	Closed		5:00-6:15am		5:00-6:15am		Masters		5:00-6:15am		5:00-6:15am		Closed			
Lane 6-8			5-5:35	5:40-6:15	5-5:35	5:40-6:15			5-5:35	5:40-6:15						
Lanes 1-5	Masters		7:00-8:15am		7:00-8:15am				7:00-8:15am		7:00-8:15am				7:00-8:15am	
Lane 6-8			7-7:35	7:40-8:15	7-7:35	7:40-8:15			7-7:35	7:40-8:15						
Lanes 1-5	9:00-10:15am		9:00-10:15am		9:00-10:15am		9:00-10:15am		9:00-10:15am		9:00-10:15am		9:00-10:15am			
Lane 6-8	9-9:35	9:40-10:15	9-9:35	9:40-10:15	9-9:35	9:40-10:15	9-9:35	9:40-10:15	9-9:35	9:40-10:15	9-9:35	9:40-10:15	9-9:35	9:40-10:15		
Lanes 1-5	11:00-12:15am		11:00-12:15am		11:00-12:15am		11:00-12:15am		11:00-12:15am		11:00-12:15am		11:00-12:15am			
Lane 6-8	11-11:35	11:40-12:15	11-11:35	11:40-12:15	11-11:35	11:40-12:15	11-11:35	11:40-12:15	11-11:35	11:40-12:15	11-11:35	11:40-12:15	11-11:35	11:40-12:15		
Lanes 1-5	Elgin Cyclones		1:00-2:15pm		1:00-2:15pm		1:00-2:15pm		1:00-2:15pm		1:00-2:15pm		Elgin Cyclones			
Lane 6-8			1-1:35	1:40-2:15	1-1:35	1:40-2:15	1-1:35	1:40-2:15	1-1:35	1:40-2:15	1-1:35	1:40-2:15				
Lanes 1-5			3:00-4:15pm		3:00-4:15pm		3:00-4:15pm		3:00-4:15pm		3:00-4:15pm					
Lane 6-8			3-3:35	3:40-4:15	3-3:35	3:40-4:15	3-3:35	3:40-4:15	3-3:35	3:40-4:15	3-3:35	3:40-4:15				
Lanes 1-5	Closed		Elgin Cyclones		NISRA		Elgin Cyclones		5:00-6:15pm		Elgin Cyclones		Closed			
Lane 6-8					5-5:35	5:40-6:15			5-5:35	5:40-6:15						
Lanes 1-5					Elgin Cyclones				Elgin Cyclones						Elgin Cyclones	
Lane 6-8					Elgin Cyclones				Elgin Cyclones							

**Slots available per time frame:
Fitness (45), Track (20), Lap Swim (8), Therapy Pool (2)**